Accommodation

For your personal comfort and convenience during your stays in Hong Kong, the Organizing Committee recommends the following designated hotels.

Hotel Information

Accommodation in Hong Kong:



Royal Park Hotel

(http://www.royalpark.com.hk) Reservation with discount rate - Registration Form

Regal Riverside Hotel

(http://www.regalhotel.com)

Courtyard by Marriott Hong Kong Sha Tin

(http://www.marriott.com/hotels/maps/travel/hkgst-courtyard-hong-kong-sha-tin)

Hyatt Regency Hong Kong, Sha Tin

(http://www.hongkong.shatin.hyatt.com)

Transportation

Arriving in Hong Kong

From Hong Kong International Airport to Prince of Wales Hospital

1. Air Bus Services

You can take Airbus A41 directly to Prince of Wales Hospital. Get off at either Yue Tin Court or Yau Kam Yuen College (Just beside City One Shatin station of Ma On Shan Rail). The approximate time of the ride is 45-60 minutes. The fare of A41 is about HK\$20.

The service hour of A41 is from 06:00 - 24:00.

2. Railway

You can also take Airport Express Rail from Airport to the City. Get off at Hong Kong station and take Mass Transit Railway (MTR) to either Tsim Sha Tsui or Kowloon Tong to change for Kowloon Cantoon Railway (KCR). Take KCR to Tai Wai station and change for Ma On Shan Rail. Get off at City One Shatin station and walk to Prince of Wales Hospital in 5 minutes.

However, going by railway is not convenience. It may take you over 1.5 to 2 hours and we suggest you to take A41.

3. Taxi

If you arrive at the airport later than 24:00, you are recommended to take taxi. Taxis traveling all over Hong Kong are readily available. All Hong Kong taxis are licensed, air-conditioned and metered. The fare for transportation from Airport to Prince of Wales Hospital (about 40 minutes) is about HK\$ 300. Most taxi drivers can speak simple English and Mandarin.

From Lo Wo Station to Prince of Wales Hospital

Participants may enter Hong Kong from Mainland China by railway at Lo Wo station in Shenzhen. Get off at Tai Wai station and change of Ma On Shan Rail to City One Shatin station. It takes about 40 minutes. Then walk to Prince of Wales Hospital in 5 minutes.

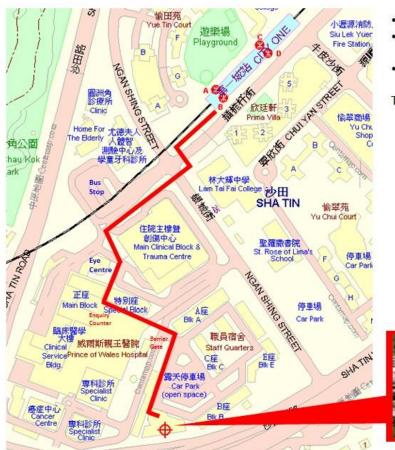
(Note that the last train departs from Lo Wu station is at about 00:30.)

From Regal Riverside Hotels to Congress Venue

How to walk from Regal Riverside to Conference Venue (Time needed: around 15 mins)



From Royal Park (Designated Conference Hotel)/ Hyatt Regency Shatin to Conference Venue



- Take MTR to Tai Wai Station
- Transit to Ma On Shan Line towards Wu Kai Sha Direction
- Get off at City One Station (Exit B)

Total Time Needed: around 30 mins





School of Public Health and Primary Care Building

Conference Venue:



Public Transportation in Hong Kong



MTR

With the interactive MTR journey planner you can input your location and desired destination and it will tell you the routes, times and prices of the trains. It is also available as an app that you can download onto your smartphone.

Bus

Hong Kong has an extensive bus network. This app is very useful as you an input your location and desired destination and it will give you a list of alternative routes.





Tram

Trams operate the length of Hong Kong Island and are an interesting way to see local neighbourhoods. You can see the route map <u>here</u>.

Taxi

Taxis are quite affordable in Hong Kong relative to some other countries and can be flagged down almost everywhere. Use the <u>Taxifare calculator</u> to get a price estimate for your journey.



In Hong Kong, there are three types of taxis. Different taxis have designated operating areas.

- Urban taxis (red) operate in most areas in Hong Kong (except Tung Chung Road and roads in south Lantau).
- New Territories taxis (green) mainly operate in the north-eastern part (i.e. north of Sha Tin) and north-western part (i.e. north of Tsuen Wan) of the New Territories.
- Lantau taxis (blue) operate only on Lantau Island and Chek Lap Kok.
- All taxis are allowed to provide services at the passenger terminals of Hong Kong International Airport.

Octopus Card



The Octopus card is extremely useful in Hong Kong as it allows you to access all public transport and pay for items in convenience stores and some restaurants. You can buy one from any MTR station and then get the balance and deposit back when you leave.

The Weather

Located in Southern China, Hong Kong has a sub-tropical climate with temperatures ranging from 26°C to 32°C during June. Weather information is obtainable from the Hong Kong Observatory.

Time Zone

The local time in Hong Kong is GMT +8.

Passport & Visa Requirement

Visitors to Hong Kong should hold a passport with at least six months' validity. Nationals of most countries are not required to obtain visas for periods varying from seven days to 180 days. Please note that a visa is required for some nationalities. The Organizer is NOT responsible for your individual visa arrangement. Participants should check with the Chinese embassy or consulate on specific visa information. Further information on Visa requirements is available www.immd.gov.hk.

China Zone

Participants planning to travel to mainland China should make their own visa arrangement. China visa can be processed in Hong Kong and normally takes three working days and one passport-sized photo. Visas can be obtained through the Visa Office of People's Republic of China, Office of the Commissioner of the Ministry of Foreign Affairs of the People's Republic of China in Hong Kong, China Travel Service (HK) Ltd, or China International Travel Service HK Ltd.

Getting Around

Hong Kong is geographically compact and the public transport system (bus, ferry, or train) is efficient, relatively inexpensive and user friendly. Road signs in Hong Kong are bilingual in both English and Chinese.

For more information on the transportation:

MTR www.mtr.com.hk

Kowloon Bus www.kmb.hk

New World Bus www.nwstbus.com.hk

Star Ferry www.starferry.com.hk

New World First Ferry www.nwff.com.hk

Peak Tram www.thepeak.com.hk

Currency

Hong Kong's unit of currency is the Hong Kong dollar (HK\$) which is tied to the US dollar at an exchange rate of about HK\$7.8 to US\$1. Most foreign currencies and travelers cheques are easily changed at banks, hotels and moneychangers. Credit cards are widely accepted at major hotels, large restaurants, department stores and shops.

Further information on Hong Kong is available from the Hong Kong Tourism Board.